



Chief Scout Gold Award , Record of Achievement

The Chief Scout Gold Award is the highest award available in the Scout Section, it shows that not only are you a fit and active young person but also aware of the world around you and prepared to try and make a difference.

The criteria below are not exhaustive and there are more ways to achieve each of the Challenge Badges. It's not just about having a tick in every box but trying your best and making an effort to achieve them. You need to get all of the Challenge Badges in the first Section and two of the three in the Second Section. Most Scouts won't achieve the award until they are almost ready to join Explorers. Good luck and more importantly, have fun!

Name:		DOB:	
Section one Complete all 2 of the Challenge Badges below.			
Promise Challenge	Date Obtained:	Signed	
Activity	Details and Completed:		
Explain how you have recently 'done your best' on at least three occasions and how this has made a difference.			
Take part in a number of acts of worship with others in the Troop, such as Scout Parades at your place of worship, and/or Scouts' Owns.			
Choose and read prayers and/or reflections for your Troop's opening and closing ceremony.			
Take an active part in at least two Troop Forums and express your views on at least one item being discussed			
Honestly review an event or activity and decide how it might be done better in the future.			
Community Challenge	Date Obtained:	Signed:	
Explore one aspect of how the local community works and is organised to the benefit of its members. The project should include some fact finding, a visit to or from a community facility or group and some form of report back.			
Take an active part in some form of local community service totalling at least six hours. The time may be spent doing a number of different projects or by showing commitment to a single project over a longer period of time.			
Fitness Challenge	Date Obtained:	Signed:	
Exercise regularly over a period of four to six weeks and keep a record that shows improvement over this period.			
Show an understanding of the importance of a sensible and appropriate diet, and the need for sufficient sleep.			
Be able to explain the dangers and harmful effects of smoking, alcohol and drugs.			
Creative Challenge	Date Obtained:	Signed:	
Take part in a performance in front of an audience.			

Have a go at some creative crafts.			
Take an active part in activities requiring a number of problem-solving skills, effective teamwork and creative thinking.			
Global Challenge	Date Obtained:	Signed:	
Make contact with Scouts from another country outside the UK			
Take part in a Patrol or Troop activity based on things found out during the International contact.			
Or Choose and investigate an international issue and			
Show an understanding of the issues involved.			
Take some action as a result of research			
Compare how the issues affect the UK and countries overseas			
Outdoor Challenge	Date Obtained	Signed:	
Take an active part in one or more Nights Away, totalling at least two nights, preferably camping, to include many of the following activities:			
<ul style="list-style-type: none"> ● Help to pitch and strike your tent. ● Light a fire and cook at least one meal using an open fire. ● Set up a suitable stove, and prepare a meal using a stove. ● Demonstrate personal hygiene. ● Keep your belongings organised and tidy within your accommodation. ● Maintain a tidy and orderly site. ● Take part in a wide game. ● Take part in a campfire or other entertainment. ● Build a simple pioneering project. ● Build a useful camp gadget. ● Explore the environment of your camp. ● With others, successfully complete a two hour activity or project. ● Provide a service commitment to the site for about an hour. 			
In addition to the above, demonstrate the following basic emergency aid skills during the Nights Away experience:			
<ul style="list-style-type: none"> ● Understand the initial actions to take in the event of an accident. ● Understand the importance of getting adult help and when to call the emergency services. ● Know how to treat minor cuts, burns and scalds, stings and insect bites. 			
Section 2 Complete 2 of the 3 Challenges Below:			
Outdoor Plus Challenge	Date Obtained:	Signed:	
Hold the Outdoor Challenge			
Have spent at least eight nights away as a Scout, four of which must be camping			
Take an active part in further camp(s), which should include many of the following:			
<ul style="list-style-type: none"> ● Lead or help to lead a group of Scouts in setting up a well-organised site that includes sleeping tents, food and equipment stores, fire/stove, kitchen and eating area. ● Plan a balanced menu for a short camp. ● Show how to use safely an axe and/or a saw. ● Lead the cooking of a meal for the group. ● Show knowledge of the safety precautions for the use of lamps and stoves. ● Cook a backwoods meal with the group. 			

	<ul style="list-style-type: none"> ● Build a working camp gadget, such as an altar fire, camp oven or a gateway to a campsite. ● Take a leading role in the construction of a pioneering project. ● Build a bivouac and sleep in it. 		
1.	In addition to the above: <ul style="list-style-type: none"> ● Demonstrate how to open an airway and give CPR. ● Know how and when to put a patient in the recovery position. ● recognise and treat fractures and severe bleeding. ● Know how to use direct pressure to stop bleeding. ● Show awareness of the dangers of temperature extremes such as sunstroke, dehydration, heat exhaustion and hypothermia and know how to prevent and treat them. 		
2.	Adventure Challenge	3.	Date Obtained:
			Signed:
4.	Take part in three different activities, ideally on separate occasions For each activity: <ul style="list-style-type: none"> ● Know the safety issues involved and understand the use of any equipment needed for the activity. ● Show an awareness of environmental issues around the activity (such as erosion at popular climbing areas). ● Know about further opportunities to take part in the chosen activities. 		
5.	Activity One:		
6.	Activity Two:		
7.	Activity Three:		
8.	Expedition Challenge	9.	Date Obtained:
			Signed:
10.	Take part in an expedition over two days (including a night away) with at least three friends. Be involved in the planning of the expedition, complete relevant training and be properly prepared. During the expedition: <ul style="list-style-type: none"> ● Play a full part in the team. ● Journey for at least four hours each day. ● Use a map to keep track of where you are. ● Stay overnight at a hostel or other suitable venue, or camp overnight at a suitable site. ● Cook the evening meal and breakfast. ● Achieve at least one goal, agreed with your Leader before the expedition. 		
11.	The expedition may be on foot, canoe, cycle or sailing boat.		
Five Compulsory Challenge Badges Completed:			
Two Other Challenge Badges Completed:			
Award Given		Date:	
Signed:			
Scout:			
Section Leader:			
District Commissioner:			

Congratulations!